### Pre-Certified Nursing Assistant (Pre-CNA)

<table>
<thead>
<tr>
<th>Class Site(s)</th>
<th>Sandburg Learning Center</th>
<th>Class Assessment(s)</th>
<th>Program Area</th>
<th>ABE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Placement Level(s)</td>
<td></td>
<td>CASAS and/or TABE</td>
<td>Scaled Score Range</td>
<td>CASAS Reading/Listening 221+ TABE Form D, 4.0-9.0</td>
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<tr>
<td>Class Led By</td>
<td>Paid Teacher</td>
<td>Delivery Style</td>
<td>Class; Computer-assisted</td>
<td></td>
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</tbody>
</table>

This class is designed to prepare learners for a Nursing Assistant Training Program at the post-secondary level. As part of the FastTRAC Medical Careers Pathway, learners will have the opportunity to enroll in the Integrated Certified Nursing Assistant class at Hennepin Technical College following completion of the Pre-CNA class.

Specifically, learners will be able to:

- Demonstrate understanding of the tasks, responsibilities and challenges of the CNA.
- Use essential vocabulary and medical terminology and apply key concepts to the role of the CNA.
- Utilize study skills in organization, note-taking and test-taking strategies.

### Class Content

- Personal and Professional Qualities of a Nurse Assistant
- Communication
- Human Growth and Development/Aging
- Geriatric Care
- Diversity
- Anatomy/Physiology
- Nutrition and Diets
- Measuring Vital Signs
- Infection Control
- Legal and Ethical Responsibilities/Patient Rights
### Class Activities

Review of learning goals/objectives, accessing/activating prior knowledge, presentation of new information, application of new knowledge, and generalization of what has been taught. Activities may include direct teacher instruction and modeling, cooperative learning/group work including role-playing, pair and share, independent work, guided practice, class discussions, development/practice of learning strategies, and demonstration of learning objectives through formal/informal assessments.

### Class Text(s), Educational Technology, & Other Instructional Materials

- *Diversified Health Occupations 7th Edition*
- CNA Training Videos
- Mosby’s Certified Nursing Skills Video Lessons
- Learner Web: Prepare to be a CNA
- Skills Tutor at [www.myskillstutor.com](http://www.myskillstutor.com)